

Parent Council

Supporting Learning at Home

January 2024



Aims



- To outline the role of parents in their child's learning
- To share approaches which parents can use to support learners at home
- To share resources which are available to help support parents and learners

1. Supporting wellbeing

- Talk about nerves/ anxiety
- Watch for signs of stress
- Make sure they eat well
- Help them get enough sleep
- Encourage exercise



1. Supporting wellbeing

- Talk about nerves/ anxiety
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- Encourage exercise

You know your child best! Make sure the approach is tailored to how they work, what is already going on in their lives, what motivates them.

For example, consider:

- What support they need from you- is it to remove distractions like the phone? Is it to help them take a break?
- What time of day or days of the week they will be able to work most effectively.



1. Supporting wellbeing



Create a space for learning

- Create space to do work
- Ideally this is away from distractions (games consoles, phone) and where they sleep.
- Work out with them beforehand what they need (highlighters, Chromebook...)
- Creating a plan with regular, short breaks

2. How do you support learning at home?

What to do when they say:

- “I have nothing to do”
- “I don’t know what to do?”



2. How do you support learning at home?

Google Classroom

Access classrooms to check:

- Upcoming deadlines
- Outstanding work
- Lesson resources to catch up or recap
- Specific revision resources, eg practise questions



How do we help them when we don't understand what they're doing?

Ask the 'right questions' - process based...

- What do you think is making it hard for you to work on this question/ essay right now?
- What are some strategies that have helped you do well on similar questions/ essays in the past?
- How did your teacher do it in class... could you teach me?
- Can you use those to help you with the work you're doing now?
- How could you check this?
- What do you do when you're stuck in (another subject they're more confident in)

Process based praise

- You've worked so hard on that...
- That's impressive, the way you worked out what to do...

2. How do you support learning at home?

Support Resources:



2. How do you support learning at home?

Communication with school

Email into the house wellbeing account with any concerns or if more information is required.

SAwellbeing.lasswade@midlothian.education

SLwellbeing.lasswade@midlothian.education

MKwellbeing.lasswade@midlothian.education

MEwellbeing.lasswade@midlothian.education

Reports

Full reports and parents evenings will break down what their next steps are that they should be working on.

Tracking reports will highlight if there is a specific concern needing addresses.

3. How do we help with revision?

Revision methods

What not to do:

- Read over notes
- Highlight with no purpose (they need to then do something with the highlighted information)
- Re-writing notes
- Revising without testing yourself- how do you know it is working?
- All knowledge, no skill or application
- Focusing too much time on their strengths
- Taking a big 'break' and losing momentum



3. How do we help with revision?

Revision methods

The key to success is making sure their thoughts are genuinely on what they should be learning:

- Creating flashcards
- Answering practise questions
- Rewording and condensing information



something with the

it is working?

• taking a big break and feeling rejuvenated

4. Senior Phase resources to support revision



- **Assessment Calendar**
 - Shared on the school website
- **Supported Study**
 - Timetable on Google Classrooms and school website
 - Learners can attend any, not just one by offered by their timetabled teacher
- **Achieve** <https://achieve.hashtag-learning.co.uk/>
 - School joining code Zx7tGreK
 - Learn, Assess and Self-Evaluate features are great for guiding independent revision
 - For features help guides: <https://achieve.hashtag-learning.co.uk/base/help-menu/>
- **SQA Past Papers**
<https://www.sqa.org.uk/pastpapers/findpastpaper.htm>



Lasswade's Next Steps



- ★ Plan for BGE 'supporting learners session'
- ★ Revision of the 'Stuck Strategies'
- ★ Development of student learning strategies

→ What more do you need to know?

→ What else can we do as a school?