



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**



P7 Transition 2023: Family Information Session 3



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**

AIMS:

- Provide further support to students and families transitioning to Lasswade High School in August 2023.
- Share useful transition information and connect with key members of staff.
- Allow parents/carers to ask questions and clarify their understanding of transition.
- Inform students and families of the next steps in the transition process.



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**



Welcome to Session 3

‘My Support’

- Student Support Structure, Universal Supports
- Structure of the School House System, Roles and Responsibilities, Personal Social Education, Inter-House Competitions
- Targeted/Staged Support, Creative Learning Overview
- Extra-Curricular Activities, Wider Achievement
- Additional Supports for Students & Families



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**



Session 3: Staff/Guest Speakers

- Mrs Yule DHT Student Support
- Mrs Main Head of St Leonard's House
- Mrs Paton PT BGE Creative Learning
- Miss Park Wider Achievement & Extra-Curricular & Active Schools
- Miss McKay Mental Health Site
- (Sara Adam Parent Council Chair)



Mrs Yule, DHT Student Support

- Student Support at Lasswade
- Staffing, Roles & Responsibilities
- Information Sharing (with Primary Schools)
- Universal Supports
- Targeted & Staged Supports
- Medical Requirements
- Mental Health



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**

Melville

Mr McQueen - Head of House
Ms Crosbie - PT Tracking & Monitoring
Mrs Jones – PCWO
Mrs Burge - Creative Learning Link
Ross – Youth Worker

Mount Esk

Mrs Hughes - Head of House
Mr Cairney - PT Tracking & Monitoring
Mrs Bowman - PCWO
Mr Turton - Creative Learning Link
Shona – Youth Worker



St Anne's

Miss Moar - Head of House
Mrs Wilkins - PT Tracking & Monitoring
Mrs Ramsay – PCWO
Mrs McConville - Creative Learning Link
Grace – Youth Worker

St Leonard's

Mrs Main - Head of House
Mrs Sharp - PT Tracking & Monitoring
Mrs McCormack & Mrs Reid – PCWO
Miss McNeil - Creative Learning Link
Nina – Youth Worker



Mrs Main, Head of House

- Lasswade House System
- Relationships
- House Colours
- Personal & Social Education
- Pathways & Positive Destinations



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**



Mrs Paton, PT BGE Creative Learning

- Creative Learning Faculty Overview
- Staffing, Roles & Responsibilities
- Enhanced Transition
- Targeted Supports: literacy, numeracy, health & wellbeing
- Identification of Need
- Communication
- Alternative Curriculum Opportunities



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**



Miss Park, Wider Achievement

- Wider Achievement Programme
- Newsletter
- Bronze, Silver and Gold award
- Recognition assemblies



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**



Miss Park, Extra-Curricular & Active Schools

- Wider Achievement Programme
- What's on?
- Why join?
- 'Try Something NEW'
- S1 Experience
- Rewards
- Progress
- Extra-Curricular Opportunities
- Required Experience/Skill Set
- Payments
- Active Schools



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**



PHYSICAL EDUCATION - EXTRA CURRICULAR



What's on throughout the year?



2016-2018



S1
FAYRE



**Don't miss out on upcoming opportunities...
Follow us on Twitter and Instagram!**

@lasswadesports




Miss McKay, Mental Health Site



"Be kind to others, Be kind to you; Nobody knows what each other is going through" #QuoteoftheWeek @lhs_wellbeing

Support Site Home Need Help Now School Supports Community Supports Help and Advice Wellbeing Experiences Exam Stress Wellbeing in Sport Social Media



Everyone needs a helping hand

Lasswade Mental Health Support

Need Help Now

Welcome to the Lasswade Mental Health Support page.

This page was created by S6 pupils and staff at Lasswade to provide mental health support to everyone.

Tweets from @lhs_wellbeing

Follow



Lasswade Mental... @lhs_w... · Mar 5, 2021
The Lasswade Mental Health site now has its very own section on the School website! Here's how to find it!

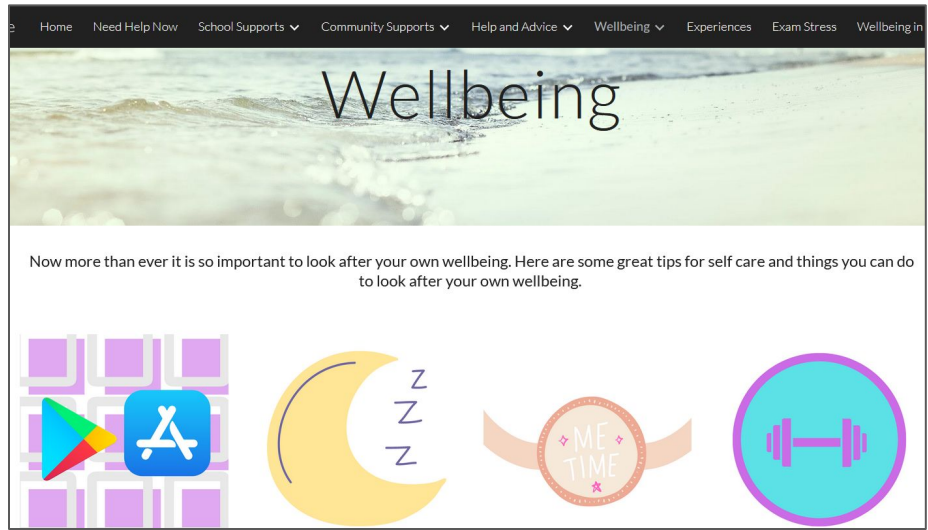


CREATIVITY

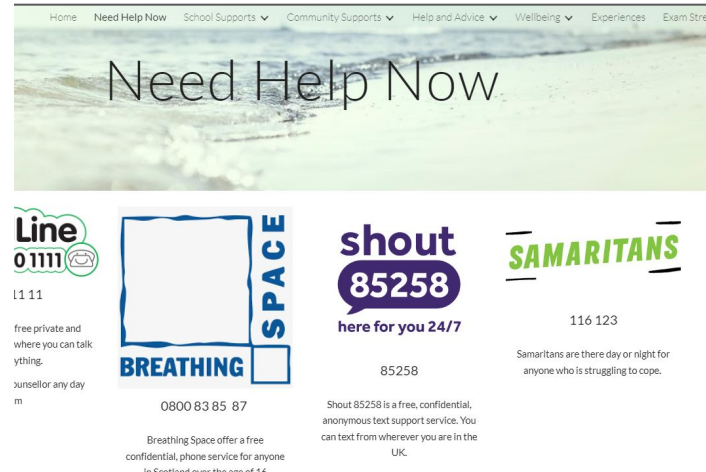
EFFORT

KINDNESS

RESPECT



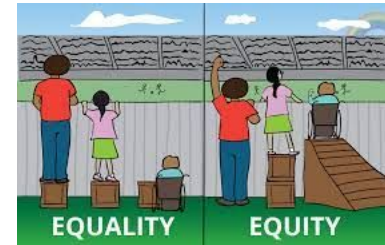
MYPAS stands for Midlothian Your Persons Advice Service. They offer of different supports in school that can access.



Mrs Brown, Equity



- Breakfast Club & Grab n Go Snacks
- Free School Meals
 - https://www.midlothian.gov.uk/info/855/school_meals/117/free_school_meals_and_clothing_grants
- Subject Payments (removed)
- Clubs, Groups, Trips
- Lasswade Uniform Cupboard
- Secret Locker
- Food Banks i.e. Midlothian Food Bank & LHS Xmas Hampers
- Fundraising i.e. Mission Christmas
- Local Community



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**

First Day at Lasswade



Where to meet your S6 Buddies: playground



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**

3 Day Plan

	WEDNESDAY 14TH JUNE	THURSDAY 15TH JUNE	FRIDAY 16TH JUNE
8.30-8.45am	Loanhead Primary and Paradykes Primary students will be collected at 8.30am at Paradykes Primary School by private coach (accompanied by Primary Staff).		
8.45-9.00am	All arrive at Lasswade High School back playground. Meet S6 Buddies, staff and register.		
9.00-9.25am	Assembly <i>'Welcome to Lasswade'</i>	Assembly <i>'Meet the Heads of House'</i>	Assembly <i>'Meet Creative Learning'</i>
9.20-10.10am	Tour of the school campus and classes	Timetabled classes	SA / SL normal Period 2 class ME / MK - DYW event
10.10-10.25am	Break time (bring water bottle and snack)		
10.25-11.30am	Timetabled classes	Timetabled classes	ME / MK normal Period 3 class SA / SL DYW event
11.30am (Melville & Mount Esk) 11:40am (St Annes and St Leonards)	Lunch in the Atrium (lunch provided) ME / MK Performing Arts Experience SA / SL Sport Experience	Lunch in the Atrium (lunch provided) ME / MK Sport Experience SA / SL Performing Arts Experience	11.40am All P7's return to Assembly hall to conclude the visit. Dismiss P7's at 12pm.
12.55-3.00pm	Attend afternoon classes and dismissed from school at 3pm.		12pm All P7's dismissed. Loanhead Primary and Paradykes Primary students return to Paradykes Primary School by coach.
2.45-3pm	Loanhead Primary and Paradykes Primary students will be collected at 2.45pm at Lasswade High School by private coach and dropped off at Paradykes Primary School.		

SECONDARY SCHOOL MAIN LUNCH MENU 2023 - 2024



Soups, Fruit & Salad
Available Daily



Allergen Information

We do not use any nuts, peanuts or sesame seeds in any dishes. We try to source products that do not contain any nuts, peanuts or sesame seeds however some ingredients may contain traces of these if they are produced in premises where these are present.

Please follow the guidance at your own discretion. For allergen content of dishes visit:
www.midlothian.gov.uk/secondary-lunch
or ask a member of the catering team.

Nutritional Standards

The menu below has been nutritionally analysed in line with the Scottish Nutritional Standards for Food & Drink in Schools

Smarter Choice

Main Meal Deal
Soup + Main + Fruit + Milk or Water
All for only **£2.50**

Check out our tasty range of [morning break](#), [hot snack](#) and [grab & go](#) items

www.midlothian.gov.uk/morning-break
www.midlothian.gov.uk/grab-go
www.midlothian.gov.uk/hot-snacks

17/04/23, 08/05/23, 29/05/23, 19/06/23, 14/08/23, 04/09/23, 25/09/23, 23/10/23, 13/11/23, 04/12/23, 08/01/24, 29/01/24, 19/02/24, 11/03/24

Week 1	Monday	Tuesday	Wednesday	Thursday
Mains	Fish Fingers with Seasoned Wedges & Peas	Chicken Meatballs in Tomato Sauce with Pasta & Cauliflower	Roast Beef in Gravy with Yorkshire Pudding, Baby Boiled Potatoes & Sweetcorn	Sweet Chilli Chicken Noodles, Seasoned Wedges, peas & sweetcorn
Mains (V)	Broccoli Pasta Bake with Crusty Bread & Peas	Macaroni Cheese with Garlic Bread & Cauliflower	Veggie Bean Burrito with Sweetcorn	Fajita Veggie Wrap with Seasoned Wedges, Pasta Salad, Peas & Sweetcorn

24/04/23, 15/05/23, 05/06/23, 26/06/23, 21/08/23, 11/09/23, 02/10/23, 30/10/23, 20/11/23, 11/12/23, 15/01/24, 05/02/24, 26/02/24, 18/03/24

Week 2	Monday	Tuesday	Wednesday	Thursday
Mains	Chicken Fajita with Seasoned Wedges & Broccoli	Fish Fingers with Baby Boiled Potatoes, Mixed Vegetables & Baked Beans	Traditional Mince, Yorkshire Pudding & Mashed Potatoes with Cauliflower & Mixed Salad	Chicken Meatballs in Tomato Sauce with Pasta, Peas & Sweetcorn
Mains (V)	Macaroni Cheese with Crusty Bread, Broccoli & Mixed Salad	Tomato Pasta with Garlic Bread & Mixed Vegetables	Vegetable Lasagne with Crusty Bread, Cauliflower & Mixed Salad	Fajita Vegetable Noodles with Peas & Sweetcorn

01/05/23, 22/05/23, 12/06/23, 28/08/23, 18/09/23, 09/10/23, 06/11/23, 27/11/23, 18/12/23, 22/01/24, 12/02/24, 04/03/24, 25/03/24

Week 3	Monday	Tuesday	Wednesday	Thursday
Mains	Chicken Tikka Massala with Rice & Green Beans	Bubble Salmon with Seasoned Wedges & Mixed Vegetables	Steak Pie with Mashed Potatoes, Broccoli & Peas	Chicken Savoury Rice with Chips, Coleslaw & Sweetcorn
Mains (V)	Macaroni Cheese with Crusty Bread & Green Beans	Vegetable Lasagne with Crusty Bread & Mixed Vegetables	Tomato Pasta with Crusty Bread, Broccoli & Peas	Spicy Bean Burger* with Chips, Coleslaw & Sweetcorn

(V) Vegetarian *May contain nuts

SECONDARY SCHOOL MORNING BREAK PRICES



Allergen Information

We do not use any nuts, peanuts or sesame seeds in any dishes. We try to source products that do not contain any nuts, peanuts or sesame seeds however some ingredients may contain traces of these if they are produced in premises where these are present. Please follow the guidance at your own discretion. For allergen content of dishes please ask a member of the catering team.

Nutritional Standards

The menu options below meet the Scottish Nutritional Standards for Food & Drink in Schools



Good Food on the Move

Product	Pupils
Toast with spread	£0.25
Hot Baguette with spread	£0.80
All Day Breakfast Tub (chicken sausages, folded omelettes, baked beans, tomatoes)	£1.30
Cheese & Crackers	£0.50
Chicken Sausage (on a roll)	£1.30
Chicken Sausage & Egg Roll	£1.60
Chicken Sausage & Turkey Bacon Roll	£1.60
Cheese & Egg Muffin	£1.30
Cheese Muffin	£1.00
Egg & Sausage Muffin	£1.60
Egg Muffin	£1.00
Quorn Patty Roll	£1.30
Quorn Sausages on a Roll	£1.30
Turkey Bacon & Egg Roll	£1.60
Turkey Bacon & Egg Muffin	£1.60
Turkey Bacon Roll	£1.30
Ketchup/sauce portion	£0.20
Lower-fat spread	£0.15
Nachos	£1.00
80g Fruit Pots (apple, pear, orange, banana)	£0.40
Veggie Pots	£0.40

Product	Pupils
Bagels	£0.85
All fillings for salad, sandwiches, baguettes, wraps, paninis, toasties, hoagies	£0.80
Homebaking (Cook's Selection)	£0.65
<ul style="list-style-type: none"> • Chocolate Brownie • Chocolate Cookie • Shortbread • Cinnamon Swirl • Chocolate Muffin • Plain Muffin • Custard Cream 	
Yoghurt	£0.65
Plain Water 330ml	£0.60
Diet Coke	£0.80
Fanta Orange Zero	£0.80
Sprite No Sugar	£0.80
Milk	£0.55
Viva No Added Sugar 200ml Flavoured Milk	£0.75
Tea/Coffee (small/large)	£0.50/£0.75
Flavoured Waters 330ml	£0.80
Flavoured Waters 500ml	£1.00

SECONDARY HOT SNACK PRICES



Main meal deal

Soup + Main + Fruit
+ Milk or Water ~~£2.50~~

Soup meal deal

Soup + Bread + Veg/Salad
+ Fruit + Water ~~£1.55~~

Meal deal option 1

Baguette/Wrap/Sandwich/
Panini/Baked Potato with
Filling with Soup or Yoghurt or
Homebaking + Veg/Salad +
Fruit + Drink ~~£2.50~~

Meal deal option 2

Hot Dog/Levi Roots/Vegan
Dippers/Guorn Burgers/
Pizzini/Pizza + Veg/Salad +
Soup or Fruit or Yoghurt or
Homebaking + Drink ~~£2.50~~

Meal deal option 3

Any Hot Snack + Veg/Salad +
Soup or Yoghurt or Homebaking
+ Fruit + Drink ~~£2.50~~



Good Food on the Move

Product	Pupils
Chicken Rollover Hot Dog	£1.60
BBQ Chicken Fillet Burger Roll	£1.60
Sweet Chilli Chicken Burger Roll	£1.60
Cajun Chicken Noodle Pot	£1.20
Guorn Fajita Noodle Pot	£1.20
BBQ Chicken Goujon Wrap	£1.60
BBQ Chicken Meatball Wrap	£1.60
Sweet Chilli Chicken Meatball Wrap	£1.60
Tomato Chicken Meatball Wrap	£1.60
BBQ Chicken Pasta	£1.20
BBQ Chicken Meatball Pasta	£1.20
BBQ Chicken Meatball Hoagie	£1.60
Levi Roots Caribbean BBQ Breaded Chicken (in a bun or wrap with salad)	£1.60
Levi Roots Jerk Breaded Chicken Fillet (in a bun or wrap with salad)	£1.60
Guorn Sausage, Bean & Cheese Bake	£1.00
Stone-baked Cheesy Garlic Pizza	£1.00
Stone-baked Garlic Pizza	£1.00
Stone-baked Cheese & Tomato Pizza	£1.00
Cosmo Cheese & Tomato Pizzini	£1.20

Product	Pupils
Homebaking (Cook's Selection)	£0.65
<ul style="list-style-type: none"> • Chocolate Brownie • Chocolate Cookie • Shortbread • Cinnamon Swirl • Chocolate Muffin • Plain Muffin • Custard Cream 	
Yoghurt	£0.65
80g Fruit Pots (apple, pear, orange, banana)	£0.40
Veggie Pots	£0.40
Plain Water 330ml	£0.60
Diet Coke	£0.80
Fanta Orange Zero	£0.80
Sprite No Sugar	£0.80
Milk	£0.55
Viva No Added Sugar 200ml Flavoured Milk	£0.75
Tea/Coffee (small/large)	£0.50/£0.75
Flavoured Waters 330ml	£0.80
Flavoured Waters 500ml	£1.00

SECONDARY GRAB 'N' GO PRICES



Main meal deal

Soup + Main + Fruit
+ Milk or Water ~~£2.50~~

Soup meal deal

Soup + Bread + Veg/Salad
+ Fruit + Water ~~£1.55~~

Meal deal option 1

Baguette/Wrap/Sandwich/
Panini/Baked Potato with
Filling with Soup or Yoghurt or
Homebaking + Veg/Salad +
Fruit + Drink ~~£2.50~~

Meal deal option 2

Hot Dog/Levi Roots/Vegan
Dippers/Quorn Burgers/
Pizzini/Pizza + Veg/Salad +
Soup or Fruit or Yoghurt or
Homebaking + Drink ~~£2.50~~

Meal deal option 3

Any Hot Snack + Veg/Salad +
Soup or Yoghurt or Homebaking
+ Fruit + Drink ~~£2.50~~



Good Food on the Move

Product	Pupils
Sandwiches	£1.40
Salad Bowls	£0.70
Paninis	£1.60
Baguettes	£1.60
Jacket Potatoes	£1.00
Jack Potatoes (with filling)	£1.50
Pizza	£1.20
Pizzini	£1.20
Levi Roots Chicken Products	£1.60
Chicken Rollover Hot Dog	£1.60
Quorn Vegan Dippers	£1.40
Quorn Burgers (in a bun with ketchup)	£1.40

Product	Pupils
Homebaking (Cook's Selection)	£0.65
<ul style="list-style-type: none"> * Chocolate Brownie * Chocolate Cookie * Shortbread * Cinnamon Swirl * Chocolate Muffin * Plain Muffin * Custard Cream 	
Yoghurt	£0.65
80g Fruit Pots (apple, pear, orange, banana)	£0.40
Veggie Pots	£0.40
Plain Water 330ml	£0.60
Diet Coke	£0.80
Fanta Orange Zero	£0.80
Sprite No Sugar	£0.80
Milk	£0.55
Viva No Added Sugar 200ml Flavoured Milk	£0.75
Tea/Coffee (small/large)	£0.50/£0.75
Flavoured Waters 330ml	£0.80
Flavoured Waters 500ml	£1.00



Contact with Students & Families

- P7 Class Visits (June): Ties & Information Cards
- Timetables in June (Wed 14th-Fri 16th June)
- Final timetables in August
- Detailed P7/S1 Lasswade Transition Letter
- Maintaining contact:
 - transition.lasswade@midlothian.education
 - Social Media



Student & Family Feedback

- Student & Parent/Carer Voice
- Future Developments & Improvements
- Google Form - Survey
- Link to be shared with P7 students on P7 Google Classroom families as 'transition homework'

Link to be shared on website later



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**



Communication

You can email your questions ahead of sessions.

Slides will be posted on the website after each session.



@LasswadeHSC



**Lasswade High
School Parent Council**



@lasswadehighschool



<http://lasswadehsc.mgfl.net/>



transition.lasswade@midlothian.education

CREATIVITY | EFFORT | KINDNESS | RESPECT

Questions?



CREATIVITY | **EFFORT** | **KINDNESS** | **RESPECT**

THANK YOU!
thank you!

**See you on
Wednesday
14th June!**

**Staff/Guest Speakers
P7 Students
Families**